

# PIPELINE

[www.bc-girlguides.org](http://www.bc-girlguides.org)

## SOAR 2017 Spirit of the Mountains





# Editorial

## Editor's Note

The fall is often a time of new beginnings, especially in organizations that follow the school calendar. Some of you are volunteering in Guiding for the first time, some of you were girl members and are now starting a new chapter in Guiding as adult leaders and others of you are leading in a new unit, district or branch this year. I love the start of the Guiding year with its possibilities for new experiences, skills, knowledge and, best of all, new friends to make and more time to spend with old ones.

My Guiding year actually began in the spring with my transition into the role of publications coordinator, learning how to fill the very big shoes left by Katrina Petrik! One of the wonderful things about Guiding is mentoring, and I am grateful to Katrina for her expertise and patience. I look forward to applying my growing editorial knowledge and skills with each issue of *Pipeline*.

Consider making this the year that you will write an article for *Pipeline*. Your passion for Guiding will inspire others. As a unit Guider, I loved reading each issue because the information and tales of adventure always gave me ideas to try with the girls in the unit. Articles can be submitted by girl members, Guiders, committees, event and campsite planners, international Guiding and by units themselves. For more information on submitting an article, go to [www.bc-girlguides.org](http://www.bc-girlguides.org); select *Volunteers > Guider Resources > Publications > Pipeline*.

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## BC Council Contact and Information

1476 West 8th Avenue  
Vancouver, BC V6H 1E1

Phone: Membership/Events/  
General Information 604-714-6636

Fax: 604-714-6645

**PC Office:** 604-714-6643

E-mail: [info@bc-girlguides.org](mailto:info@bc-girlguides.org)

Check out the BC Guiding website at  
[www.bc-girlguides.org](http://www.bc-girlguides.org)  
Send your comments to  
[website@bc-girlguides.org](mailto:website@bc-girlguides.org)

- E-mail addresses:
- [awards@bc-girlguides.org](mailto:awards@bc-girlguides.org)
  - [bcglogo@bc-girlguides.org](mailto:bcglogo@bc-girlguides.org)
  - [bcsg@bc-girlguides.org](mailto:bcsg@bc-girlguides.org) (Safe Guide)
  - [camp@bc-girlguides.org](mailto:camp@bc-girlguides.org)
  - [conflictcoach@bc-girlguides.org](mailto:conflictcoach@bc-girlguides.org)
  - [cookies@bc-girlguides.org](mailto:cookies@bc-girlguides.org)
  - [crests@bc-girlguides.org](mailto:crests@bc-girlguides.org)
  - [girengagement@bc-girlguides.org](mailto:girengagement@bc-girlguides.org)
  - [inclusivity-diversity@bc-girlguides.org](mailto:inclusivity-diversity@bc-girlguides.org)
  - [imis@bc-girlguides.org](mailto:imis@bc-girlguides.org)
  - [international@bc-girlguides.org](mailto:international@bc-girlguides.org)
  - [link@bc-girlguides.org](mailto:link@bc-girlguides.org)
  - [lones@bc-girlguides.org](mailto:lones@bc-girlguides.org)
  - [memberservices@bc-girlguides.org](mailto:memberservices@bc-girlguides.org)
  - [membership@bc-girlguides.org](mailto:membership@bc-girlguides.org)
  - [mentoring@bc-girlguides.org](mailto:mentoring@bc-girlguides.org)
  - [pipeline@bc-girlguides.org](mailto:pipeline@bc-girlguides.org)
  - [program@bc-girlguides.org](mailto:program@bc-girlguides.org)
  - [publicrelations@bc-girlguides.org](mailto:publicrelations@bc-girlguides.org)
  - [properties@bc-girlguides.org](mailto:properties@bc-girlguides.org)
  - [rangers@bc-girlguides.org](mailto:rangers@bc-girlguides.org)
  - [riskcompliance@bc-girlguides.org](mailto:riskcompliance@bc-girlguides.org)
  - [soar@bc-girlguides.org](mailto:soar@bc-girlguides.org)
  - [training@bc-girlguides.org](mailto:training@bc-girlguides.org)
  - [trefoilguild@bc-girlguides.org](mailto:trefoilguild@bc-girlguides.org)
  - [treasurer@bc-girlguides.org](mailto:treasurer@bc-girlguides.org)
  - [website@bc-girlguides.org](mailto:website@bc-girlguides.org)
  - [youthforum@bc-girlguides.org](mailto:youthforum@bc-girlguides.org)

### PIPELINE

Editor: Robyn So

E-mail: [pipeline@bc-girlguides.org](mailto:pipeline@bc-girlguides.org)

Editorial Team:

Ming Berka, Linda Hodgkin, Katrina Petrik,  
Ruth Seabloom, Helen Varga

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## Table of Contents

PC's Page ..... 3–4

Upcoming Events ..... 5

Gone Home ..... 5

BC's 2017 Bursary, Grant and Scholarship Recipients ..... 6–8

BC Achievement Foundation Award Recipient ..... 9

First Aid and Safe Guide ..... 10–11

A–Z of Diversity ..... 12–13

Alberta Girls' Parliament 2017 ..... 14–15

Awards ..... 15

Global Happenings Camp to Go ..... 16

World Tour Crests ..... 17

2018 Travel and Camping Provincial and International Events ..... 18–19

Hands Across the Border 2017 ..... 20

CWFF Pizza Challenge 2017 ..... 20

Crests Cross the Border ..... 21

BC Program: Join the Team ..... 21

The Parking Lot ..... 22

Trefoil Guild Rendezvous 2017 ..... 22

Pathfinder/Ranger Zombie Apocalypse .... 23

Get to Know Your Province!  
Area Profiles ..... 24–33

BC Transitioning Member Challenge .... 34

Welcome Back to Rangers ..... 35

New Camp to Go: Let's Get Cooking .... 36

Around BC ..... 37–39



# PC'S PAGE

by Leslie Bush, *Provincial Commissioner*

## Welcome back!!!

**T**his year, BC Guiding has a lot of “new” to anticipate and celebrate!

First, a warm welcome to the new Guiding year! For those joining us for the first time, I extend an enthusiastic welcome aboard, and I urge you to use your talents and strengths to make this a stellar year! For our returning members, I wish you a warm welcome back, and I hope you had a chance this summer to relax and recharge and are ready to rock this Guiding year. For many of us, the opportunity to relax and recharge did not happen until August, after everyone had returned and unpacked from SOAR 2017 in Smithers. Three-quarters of the Provincial Commissioner (PC) Team attended the camp, with myself busy in Site Services, Deputy PC Colleen Kellner in Security/Event and Emergency Management and Deputy PC Darlene

Kent also in attendance, though at the time of writing this report she had not yet been assigned to a position. Deputy PC Tara Decker covered for all of us from her home in Kamloops.

I want to extend many thanks, on behalf of all members in BC, to everyone who helped to make SOAR a reality. To the Co-Responsible Guiders, Cathy Cook and Deb Oakley, and to the members of the Steering Committee, thank you for your two-year commitment to making SOAR such a success! To the Core Staff, thank you for doing everything necessary to make sure the camp ran seamlessly. To the patrol Guiders and patrols, thank you for attending, as it is all for you! And to the Guide House staff, thank you for everything you did to support this amazing event!



*Left to right: Karen Sharma, Leslie Bush, Darlene Kent, Helen Varga and Joan Coert.*

Another “new” to look forward to is our new Guide House, which will be located at 107–252 West Esplanade, North Vancouver. The committee for the new space has been busy designing the layout and working out all the myriad details that go into making this rough space our new home, down to approving the hooks in the washrooms! Deputy PC Darlene Kent, Office Manager Joan Coert, Executive Assistant Karen Sharma, the new Office Committee Chair Helen Varga and I had the opportunity to tour the space in late June, when it was still an unfinished shell. I know that this will be a marvellous space to do the work of the province when it is



completed sometime in early 2018. Our tentative goal is to be able to hold our Thinking Day activities in our new home!

Girl Guides of Canada—Guides du Canada will have a brand new strategic plan for 2018–2020. It will achieve the key goals envisioned in GGC’s Design 2025: to be relevant to girls; to empower them through our program; to be inclusive and to attract and reflect our diverse identities, communities and experiences; and to be agile, which is to meet girls’ changing needs as well as to be sustainable. The new plan will set goals, build strategies and develop action plans so that we can ultimately say Girl Guides of Canada empowers girls to be everything they want to be. At national meetings in Fredericton, New Brunswick, this past June, the Board of Directors (BOD) and the National Operations Committee, made up of provincial commissioners (PCs) and national staff, completed their parts of the strategic plan. The BOD approved the “what”: outcomes, priorities and goals, while the Operations Committee approved the “how”: developing key strategies for each priority. The PCs and their national counterparts were strongly aligned in their thinking about the future. The National Strategic Planning Committee will review the



*National Operations Committee.*

strategies and determine which ones will proceed in 2018, after which time the Operations Committee will complete their action plan in early September. Following this, BC Council will do their planning for 2018. Every part of this process has been all about the girl—how her experience, which is largely shaped by her unit Guider, becomes girl-driven to enable her to be everything she wants to be. We will need support from all levels of the organization to be successful as we move into the implementation phase.

And the new Girls First program redevelopment is happening at full speed. The new program is now planned

for initial rollout in the fall of 2018, taking up to two years to achieve full implementation. The program content will be agile and relevant to girls today, and Girls First will be delivered to all branches in Guiding. This summer and fall, national staff will be travelling across Canada to sit down with key groups and discuss planning. Three members from the project team came to BC in July, met with staff and volunteers in Vancouver and also attended SOAR 2017 to talk to camp participants and get their ideas. This fall, they will be asking for Guiders and units to volunteer to test content, so watch for this opportunity if you would like a chance to participate. Guider training should be available in the spring of 2018. The project team will be communicating via several social media channels as well as the Girls First page of the national website. Please watch for updates and be prepared to offer your input when called upon!

This is going to be an exciting year for Guiding in BC, full of opportunities to engage and to make a difference! I hope you make the most of every opportunity for both you and your unit members to focus and make a difference in their lives, in the communities we live in and in the world around us.

Talk to you soon!



*Board of Directors 2016–17.*



# Upcoming Events

DATE	WHAT	WHO	WHERE	NOTES
<b>2017</b>				
September 16	<b>Mighty Minds Challenge Launch</b>	Sparks, Brownies, Guides, Pathfinders, Rangers	<i>Provincial Guide House</i>	RSVP deadline has passed
September 22–24	<b>Mix It Up Canada</b>	Guide and Pathfinder patrols and US patrols	<i>Fraser River Heritage Park, Mission</i>	Application deadline has passed.
October 15	<b>Deadline to apply for BC sponsored trip to Japan</b>	Pathfinders, Rangers, Guiders	<i>Japan</i>	See page 18 for details.
October 15	<b>Deadline to apply for BC sponsored event Colours of the World</b>	Pathfinders, Rangers, Guiders	<i>Vancouver</i>	See page 18 for details.
October 27–29	<b>Presentation and Communication Skills Workshop</b>	Trainer candidates, Guiders wanting to improve these skills	<i>Vancouver</i>	Application deadline has passed.
October 30	<b>Deadline to apply for all nationally sponsored trips</b>	Pathfinders, Rangers, Guiders	<i>Switzerland England Mexico Australia</i>	See page 18 for details.
November 4–5	<b>Training Advisers' Workshop</b>	Area training advisers	<i>Vancouver</i>	Application deadline has passed.
November 24–26	<b>Area Awards Advisers' Workshop</b>	Area awards advisers	<i>Vancouver</i>	Contact awards@bc-girlguides.org
<b>2018</b>				
March 31	<b>Girl Guides at the Canucks Day</b>	All Guiding members and their families	<i>Rogers Arena at 1 p.m.</i>	More information to come.



**GONE HOME**

Patricia Frances Doggart (Norton) *Kimberley*  
Mailis Beazley *Victoria*



# Announcing BC's 2017 Bursary, Grant and Scholarship Recipients

Tracy L. Clark, BC Awards Adviser

**T**he Provincial Bursary, Grant and Scholarship program is one of the ways that Girl Guides of Canada—Guides du Canada BC Council recognizes members who embody the Mission and Values of the organization.

*“Throughout our history, Girl Guides of Canada—Guides du Canada has prepared girls to meet the challenges that they face in their lives head on. Whether it was girls learning to bandage wounds during the First World War or girls today working on the anti-bullying badge, Guiding continually evolves to reflect the needs and interests of contemporary girls and women. Today, Girl Guides of Canada—Guides du Canada continues to be a place that sparks the imagination of girls to take their place in the world and to act on what matters to them. As female role models, our adult members support girls to achieve and succeed—through fun, adventure, challenges and international experiences.”*

— History of Guiding



## BC Council Bursary of Honour

Meika, Lions Area

Guiding has taught me about myself and the world around me more than almost any other aspect of my life. I believe that my volunteerism and eagerness to help, confidence, and aspirations for female greatness come from my experiences in Guiding. I have explored the outdoors, my province and internationally, through both learning and travel; I have formed lifetime bonds with girls from other schools, other cities and even other countries. I have grown up surrounded and inspired by strong, confident women as leader figures, and am now heading into further education to hopefully become one such woman myself. The girls and women I have met through Guiding have helped to shape who I am now, and who I want to become.



The 2017 bursary, grant and scholarship recipients embody what Guiding today is all about. Congratulations to this year's recipients. BC Council and the Awards Committee are proud and honoured to support you as you take the next step in pursuing your education goals and developing a rewarding career path.

BC Council and the Awards Committee thank all those who have contributed to making these educational funding opportunities available to our members. Through the bursaries, education grants and scholarships, the recipients are being empowered to become the best they can be. These funds help to make their dreams come true.

The introductions to this year's recipients include excerpted answers from their applications to the following question: “Explain how Guiding has enriched your life and influenced your future plans.”

## BC Council Bursary (eight recipients)

Christie, West Coast Area

Guiding has taught me how to be confident about myself and given me skills that I will continue to use for the rest of my life. The leadership roles that I have volunteered for have taught me how to work well in a group and use everyone's strengths to benefit all. I have been fortunate to have had strong role models for Guiders and because of this I plan to continue into the role of an adult member in the near future. My current Ranger leader has asked me to help with the unit starting next year. Guiding has taught me how to make a change and recognize when help is needed. Membership has also made me understand the value of friendship between girls.



Courtney, West Coast Area

The most valuable lesson Guiding has taught me is the importance of global awareness. I feel that I have become a more socially conscious global citizen because Girl Guides has given me the opportunity to learn about global issues affecting people all over the world through travel opportunities, program activities and service projects. These opportunities





have also taught me that everyone has the capacity to make a difference in the world no matter how seemingly insignificant their actions may be. These lessons have influenced my goal to make a difference in peoples' lives by becoming a physiotherapist to help people overcome the challenges and obstacles they may face on a daily basis.

Molly, Lougheed Area

The most important lesson that I take away from Guiding is that I can make a difference despite the fact that I am one person. I've undertaken different projects on my own through my years of Guiding, helping me to realize that if I am passionate about a cause then I can make a difference. This lesson has had such a large impact on me that I am basing my future career path around it. I feel that my passion lies in helping the less fortunate and thus I have applied for a post-secondary program that will accommodate this passion. In the following years I am attending university to work towards a global stewardship associate of arts degree. This program will equip me with the tools needed to be an effective change-maker in the world through providing me with hands-on experience in various fields of work. Guiding has influenced so many aspects of my life and continues to shape me and the path I choose to take, leading to the rest of my life.



Megan, Monashee Area

Guiding's inclusiveness has had a huge impact on me. I was accepted for who I am and my victories were applauded. I still remember how excited one of my leaders was for me when I finally got up the courage to light a match. That acceptance and encouragement gave me the courage to volunteer with the SPCA and find my passion with animals. I plan to earn a zoology degree at UBC–Okanagan and then continue to veterinary school or into animal research. Guiding has given me the confidence to pursue my goals despite my differences.



Christina, Lougheed Area

I cannot say how much gratitude I feel towards the Guiding community for the sisters I have been given and the mentors I have had the privilege to work with all these years. Guiding has helped me realize my ability to be a leader, set goals, help others and take charge of my life. I see the world as a place of opportunity and where I always learn something new.



From Guiding's support, I feel ready to take on life. I have the responsibility, maturity and openness to face my fears and take on the work. Through Guiding I have realized my passion of learning and helping others, which is why I plan to challenge myself by pursuing the goal of becoming a doctor.

Amanda, Lions Area

Guiding is a gateway to international education, understanding and connection. I've developed life skills and confidence through crafts and camp, grown friendships with like-minded peers and discovered a global community. Guiding has mentored me, and I am thrilled to continue this path, being a future mentor for others. I promote Guiding to my peers without hesitation, love to bridge with younger girls and hope to be sharing my experiences, so they too can see the opportunities available. At university, I plan to seek an exchange to Switzerland or India, where I can study engineering, apply my skills in new settings and volunteer at nearby Girl Guide centres. Ultimately, I want to be a successful businesswoman and leader—guiding our world toward a collaborative bright future.



Breanne, Lougheed Area

Prior to being a Junior Leader I did not enjoy working with children, but I very quickly fell in love with working with young girls. Not long after my first year of being a Junior Leader, I started to explore career options for working with youth. I am now planning on going to school to become a pediatric psychologist and later an oncologist. If I had never been given this opportunity with Guiding, I would have never known I had a passion for working with children.



Camille, Lions Area

Having participated in Guiding for 13 years, I have acquired many badges and challenges that cover a broad range of topics. The single topic that has reoccurred consistently is female empowerment. Guiding has continuously been enforcing their ideologies of inspiring girls to not only follow their dreams, but to also become strong, self-sufficient women in future. The topic of female empowerment has further inspired me to continue my education and, I am optimistic that I will acquire a bachelor of criminology. This degree is a mixture of psychology, forensics and law. This degree, in



*continued on next page* ♦♦



hopes, will be not only extremely interesting, but a prerequisite to my dream of attending law school. Guiding has taught me that a dream can be achieved through perseverance, hard work and some help from your friends.

### Eve Pound Scholarship

Katarina, West Coast Area

Guiding has given me many opportunities, including meeting some of my closest friends and travelling (to Our Cabaña in summer 2012 and to Ignite. Inspire. Innovate in Toronto, in April 2017). Through various bridging activities, I found that I would like to pursue teaching. Helping with a Brownie unit and bridging with other age levels has made me aware that I enjoy working with children and young teens. Different outings and activities have let me explore different areas of interest, such as quilting, bicycle maintenance and cycling, weaponry and orienteering. Guiding has shaped me to be a more well-rounded person. Without Guiding, I would not be the person I am today; it makes up such a big part of my life.



experience with Guiding has made me excited about the teaching aspect of nursing and helped me to present health promotion to young groups of students without a second thought. Watching the Spark that I nominated for a Girl Greatness Award in Confidence win and subsequently become 1000% more confident is the most fulfilling experience I have ever had, and if my nursing career can help even one child as much as that did, I will be satisfied.

Eliesse Harpaz, West Coast Area

Guiding has influenced me in a very powerful way over the last 15 years. Because of Girl Guides, I have developed a passion for volunteering in the community and for the environment. It challenges me to use my talents and abilities and to always have a strong mindset. Furthermore, Guiding has taught me many life values and leadership skills such as organization and confidence. It has taught me to be enthusiastic and respectful to everyone around me. Most notably, Guiding has emboldened my desire to pursue a career in the field of education. After being involved with Sparks and Guides, I know that I want to work with children. I am currently pursuing a degree in French and education, with high hopes of becoming a French Immersion teacher. I cannot picture myself without Guiding in my life as it has definitely shaped who I am today.



### Margery Dumfries Scholarship

Gabriela, Monashee Area

Being chosen to travel with Girl Guides of Canada as a Canadian Girl Guide ambassador made me realize the importance of community. To travel to Australia, my group and I had to hold various strenuous fundraising events. During these events, various local businesses and members of our communities rallied together to support and fund our journey. In retrospect, it brought everyone involved a deep sense of unity and community, making sure that everyone there knew that our community was there to help each other out in the good and bad.



### Aliza, Chaim and Tova Kornfeld Scholarship

Audrey Wang, West Coast Area

### Pat Drugge Adult Bursary

Audrey Wang, West Coast Area

What I have learned in Girl Guides has impacted the values that are important to me as a communication professional. Guiding has empowered me with a voice to advocate, with the courage to stay true to myself and the belief that collaboration and teamwork is better than working alone. Effective and meaningful communication is a two-way, reciprocal process. It's about respecting and honouring people's voices by giving those people opportunities to share ideas, provide input and ask questions.



### BC Trefoil Guild's Education Grant

Maryna Ell, Southern Vancouver Island Area

Guiding has helped me to realize who I am and has given me a great sense of purpose; having a tangible effect on girls' lives is inspiring and incredible. Working with Sparks has revealed my passion for working with children, and this coupled with being able to be a role model and make a difference in these girls' lives has led me to pursue a career in pediatric nursing. My leadership







# Announcing BC Achievement Foundation Award Recipient

*Lenni Kennedy, Chilliwack District, Fraser Skies Area*

In a press release from the British Columbia Achievement Foundation on March 31, the 2017 BC Community Achievement award recipients were announced. Our very own Ann McNabb, commissioner of Chilliwack District, was one of the 27 people selected by an independent committee to receive this award.

The BC Achievement Foundation is an independent foundation established and endowed by the province of BC to celebrate excellence in the arts, humanities, enterprise and community service. It should come as no surprise to anyone who has met Ann that community service is at the core of her being. She currently volunteers her time in many ways—as a district commissioner for Girl Guides, a secretary for the Chilliwack Safety Village, the BC-Yukon Division

president of the Canadian Council of the Blind (CCB), her CCB Chilliwack White Cane chapter’s secretary/treasurer and a participant on several advocacy committees. Those are just her current positions—she has held so many more in several different organizations over the years.

Award recipients were recognized at a formal presentation ceremony at Government House, in Victoria, in April. But true to Ann’s personal beliefs, she declined the invitation in order to follow through on a previous volunteer commitment that, although not as prestigious, was equally important to her. She has been invited to attend next year’s ceremony instead so that the foundation can formally recognize her dedication. Guiding members in Chilliwack District and Fraser Skies Area are very proud that



after 52 years in Girl Guides, Ann is still as committed as ever. Congratulations, Ann, and keep up the great work you do!

## Save the Date

### BC Girl Guides Mighty Minds Challenge Launch



- Date: Saturday, September 16, 2017
- Time: Drop-in between 10 a.m. and 2 p.m.
- Location: BC Guide House (1476 West 8th Ave, Vancouver)
- Who: All Girl Guide members in BC

The Mighty Minds GGC Challenge has been developed to promote mental well-being. The BC Youth Forum members have planned an exciting event to promote mental and physical well-being. There will be guest speakers and other activities for all girls from Sparks to Rangers. Units are invited to attend this event together. Guiders may want to explore Vancouver with their units when they are downtown.

RSVP: Information was sent out by email in August. The RVSP deadline has now passed.

Contact: [youthforum@bc-girlguides.org](mailto:youthforum@bc-girlguides.org)



# First Aid and Safe Guide

## Training, Treatment and Forms, Oh My!

Erin DeBruin and Judy Crawford, BC Camping Committee

As part of any activity, Guiders have the responsibility to coordinate the health and well-being of the girls, including first aid and medical services as necessary. When it comes to first aid, Safe Guide identifies that the level of training needed increases with the level of risk for the activity and the length of time it takes for emergency medical services (EMS) to respond. **It is NOT associated with the branch level for which you are planning activities.**

When planning Green-level activities, it is recommended that at least one supervisor have current Emergency First Aid (see key terms on page 10 of Safe Guide). For these basic activities:

- EMS response is under 30 minutes;
- transportation is arranged by the parents;
- unit meetings are held in their regular meeting locations;
- swimming is done at a staffed public pool.

For Yellow activities that include the following, at least one supervisor **MUST HAVE** Emergency First Aid or be a health care professional:

- EMS response is between 30 minutes and 1 hour;
- girls are cooking on a campstove, campfire or BBQ;
- unit arranges the transportation;
- equipment is specialized;
- sleepover or camping.

This means that for many of the unit activities, it's essential for at least one person to be trained in at least Emergency First Aid. Units should keep in mind the time commitment and needs of Guiders and may wish to have more than one Guider trained so that the expectation to be the first aider is not placed solely on a single leader's shoulders every time.

When planning for a joint event, district/area event or even for a large unit of over 25 people, Safe Guide requires that the ratio of first aiders and/or health care providers to girl participants be at least 1:25 and that the Emergency Response Plan include the management of first aid.

When planning any event, you should consider the EMS response time at the farthest point of your activity and include any additional time it might take to contact EMS. For example, your EMS response time is for the lookout point at the end of your hike, not at the trailhead where you started, and should therefore include any time needed to travel to where you can get cell reception.

As we move into the higher risk activities, including Red-level activities and travel, units must have at least one supervisor who has Standard First Aid (see key terms on pages 12–13 of Safe Guide) or is a health care professional. Higher risk examples include

- EMS response between 1 and 4 hours;
- adventure activities;
- power equipment;
- international travel.

This means that a Brownie unit going on a high ropes course such as at Wild Play, a Guide group going for a 3-hour hike, or a Pathfinder camp at a provincial park where average EMS response is 70 minutes would all require at least one supervisor with Standard First Aid or who is a health care professional. The ratio of first aiders to participants (including adults) also increases to 1:25.

Finally, for those units undertaking activities where EMS response time would be greater than four hours, Safe Guide requires at least one supervisor to have Wilderness First Aid (see key terms on page 13 of Safe Guide), even if they are

a health care professional. The reason for this is that health care professionals are trained to have lifesaving equipment on hand, while the Wilderness First Aid training builds on Standard First Aid and specifically addresses how to provide extended care with little equipment, as well as how to evacuate from a remote or wilderness setting.

### Difference Between Emergency and Standard First Aid

Emergency First Aid training is a 6–8 hour course that covers urgent health care, CPR and some basic wound care. Standard First Aid is a 13–15 hour course that builds on emergency first aid to also cover head and spinal injuries; bone, muscle and joint injuries; sudden medical emergencies such as anaphylaxis, angina and asthma; and environmental emergencies such as hyper- and hypothermia. As a result, this course provides many more of the skills that prepare Guiders for situations they commonly deal with when working with a unit, especially for day events and camps. In addition, having at least one Guider with Standard First Aid training allows you to be prepared to do almost all of the activities that you might want to do with your unit.



Rescue breaths and CPR. Photo: Annalisa Adams

Training Recording and Support External trainings, such as first aid, may be financially supported by your unit, district or area; those policies vary by location,



so talk to your district/area commissioner or training advisers before signing up for training for more information. In addition, the BC Camping Committee provides a subsidy of up to \$100 for Wilderness First Aid; the form can be found at [www.bc-girlguides.org](http://www.bc-girlguides.org); select *Camping > Camp Planning Support > Wilderness 1st Aid Subsidy (Excel)*.



*Learning the right way to sling an arm from Ridge Wilderness. Photo: Laura Allgrove*

Once you've taken your first aid training, remember to keep your certificate in a safe place and follow the local policy to submit a copy for entry into iMIS. Please remember that when you submit your Safe Guide paperwork, your Assessor does not have direct access to iMIS but relies on a printed first aid list that may not contain your entry, so it is important to keep a record of your training.

**First Aid Treatment, Medications and Forms**  
With your first aid training complete, you've now volunteered to be first aider at this weekend's camp (thanks so much!). You've got your first aid kit and **Girl Health Forms (H.1)** for all the girls. Your Guiders have told you about any key medical conditions and where to find their **Adult Health Forms (H.2)** but are hoping you won't need to use it.

You arrive at camp and one of the parents says their daughter has a nagging cough so has brought cough syrup to take over the weekend. Hopefully the parent

is prepared with a copy of the **Medication Plan and Administration Record (H.3)** to go along with this medication; otherwise you can grab one of the spares you keep in the first aid kit and have the parent fill it out. This form provides written instructions about dosing and timing of the medication so that you can supervise the girl taking the medication and document that it was done. Please ensure that you fully understand all instructions on it and remember, if you work with girls 12 and older, parents may give permission for their daughter/ward to carry her own medications, but the girl still has to tell you when she takes it so you can record it on the H.3 form. This same process is required for all over-the-counter or prescription medication.

As the weekend progresses, you have a girl who trips while playing wide games, and she complains that she's hurt her ankle. For all first aid treatment other than minor conditions such as skin irritations, cuts, and scrapes and blisters, you must keep records of treatment. You pull out a copy of the **First Aid Treatment Record (H.4)** form kept in your first aid kit to document your assessment—in this example that

it's just a strain, who was treated, who did the treating and what was done, as well as any other relevant information. For a more serious or uncommon injury you would also fill out an **Incident Report (INS.01)** and follow the directions in Safe Guide (see page 36). While Guiders are busy at events, it's really important to provide accurate recording for any follow-up that may be required.

If you are doing adventure camping or tripping there is also the **First Aid Examination Checklist for Wilderness Out-trips (H.6)** to be used when having to monitor a patient with a significant injury or illness while waiting for EMS or evacuation, and the **Medication Consent (H.7)** is a powerful tool that allows parents/guardians to give consent for Guiders to administer medications specifically listed on the form. This is primarily used when doing Red-level activities, large events such as SOAR or international travel.

Phew, camp is over and you didn't have to do any further treatments. As the girls are being picked up, you inform the parents/guardians of the girl with the strain of the treatment you gave, and you return the cough syrup for the girl who was taking it and confirm how many times it was administered. However, you keep **all of these health-related forms** with your Safe Guide package for document retention. Copies may be provided to the parent, but it is important that the original forms be kept should any follow up be required.

For further direction on this topic, please consult the First Aid section of Safe Guide (starting on page 32) and remember that having the supplies, training and a plan to deal with first aid emergencies as part of your **Emergency Response Plan (SG.4)** will help you to be prepared to deal with most situations requiring first aid that you may encounter.



*Guiders providing support for patient during Wilderness First Aid course. Photo: Laura Allgrove*



# A-Z of Diversity

*Fiona Rogan, BC Program Committee Inclusivity-Diversity Specialist*

This is the last in a series of articles by the Program Committee to explain some commonly used terms regarding inclusivity and diversity. Previous articles in the series can be found in issues 378 (Fall/Winter 2016), 379 (Winter/Spring 2017) and 380 (Spring/Summer 2017).

If you have any questions about inclusivity and diversity in Guiding or need help finding resources, please contact Fiona Rogan, the Inclusivity-Diversity Specialist, at [inclusivity-diversity@bc-girlguides.org](mailto:inclusivity-diversity@bc-girlguides.org).



## Quadriplegic

A person affected with partial or complete paralysis of both the arms and legs, especially as a result of spinal cord injury or disease in the region of the neck. Members with quadriplegia will likely have a support person accompany them. Considerable program adaptations may be required. Contact your area or provincial inclusivity champion for ideas.

## Queer

A term that at one time was considered an offensive description of homosexual men but nowadays is used as an umbrella term for sexual and gender minorities who are not heterosexual. Girls may define themselves as “queer”; however, because some people inside and outside LGBT communities associate the term with its more familiar derogatory usage, the term remains controversial.



## Ramadan

A religious fast observed by Muslims. Observers may not eat or drink between

dawn and dusk. Muslims are also instructed to avoid behaviour that may negate the reward of fasting, such as lying and fighting. Food and drink is served daily before dawn and after sunset. Members attending camp during Ramadan may face significant challenges with meal schedules. Guiders should be aware of the religious practice of fasting and be flexible by allowing a girl to eat when appropriate.

## Refugee

A term for a displaced person who has crossed international borders and cannot safely return to their homeland. Also known as “asylum seekers,” such persons hold limited legal status until granted asylum in the landing country.

Girl Guides of Canada welcomes all members regardless of immigration status and offers a safe environment for all women and girls.

Guiders should be aware of circumstances and situations that refugees may have experienced and be sympathetic to their needs. A refugee may be reserved, reluctant to share information and/or hesitant to engage with peers. Offering opportunities to share her story in a safe environment and at her own pace can allow her to feel that she is settled.

Parents may ask Guiders for information about local opportunities and programs, or to provide references and referrals for their children. Guiders should not become involved in immigration status claims.

## Religion

The belief in and worship of a superhuman controlling power, especially a personal god or gods; a particular system of faith and worship; a pursuit or interest to which someone ascribes supreme importance.

Girls may ascribe to traditional religious affiliations, unorthodox churches/ faiths or other belief systems.

Girl Guides of Canada is a non-denominational organization that welcomes girls of any or no religious background. Meetings should be secular unless discussing a specific religious celebration or holiday. Guiders should amend traditional campfire songs and graces to include all faith systems.

## Rheumatoid Arthritis (RA)

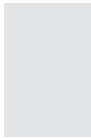
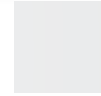
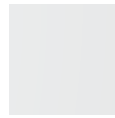
An autoimmune disease that typically affects the joints in the hands and feet. It is characterized by pain, swelling and deformity of the joints. The cause is not known and RA occurs when the body's immune system mistakes its own cells as harmful. It is a progressive condition that has no cure, and various treatments are used to reduce the pain associated with it.

Individuals receiving a diagnosis of RA often experience depression and anxiety and may need support while processing the information. As the condition develops, additional supports may need to be put in place to accommodate the member, including but not limited to assistance with manual tasks, shortened hikes and reduced responsibilities. Adult members with RA may choose to work in an advisory capacity rather than as an active Guider role as their ability to participate is impacted by their condition.



## Schizophrenia

A psychological disorder characterized by abnormalities in the perception or expression of reality. It may present as hearing voices or altered states. Individuals may experience hallucinations, delusions,



disorganized speech patterns and unusual movements. Personal hygiene and self-care may become unimportant, and individuals may need 24-hour support to maintain a healthy life and home.

Schizophrenia can develop at any time from adolescence to adulthood and, rarely, in children. Initial symptoms can include sudden irrational fears, belief in conspiracy theories and the belief that others are spying on them. Such behaviours should be considered warning signs, and Guiders should alert a parent or guardian immediately if observed.



## Tinnitus

A condition of the human ear in which there is a sense of sound within the ear without the existence of any external sound (also known as ringing in the ear). Sufferers may experience depression, frustration and/or sleep deprivation. White noise may help to offset the effects of the ringing. Members who live with tinnitus may choose to use music to relax, especially at night. Exceptions to a No Electronics at Camp rule should be allowed to accommodate such adaptations.

## Transgender

*(see also Gender in issue 380, Spring/Summer 2017)*

An umbrella term for persons whose gender identity, gender expression or behaviour does not conform to that typically associated with the sex to which they were assigned at birth. “Trans” is sometimes used as shorthand for transgender. While generally an acceptable term, not everyone whose appearance or behaviour is gender-nonconforming will identify as a transgender person. Adult members may

have undertaken gender reassignment. Girls may be at the beginning or the end of their self-discovery journey.

Girl Guides of Canada welcomes all members who identify as female, including transgender persons.



## Vaccine

A biological preparation that provides active acquired immunity to a particular disease. A vaccine typically contains an agent that resembles a disease-causing microorganism and is often made from weakened or killed forms of the microbe, its toxins or one of its surface proteins.

Vaccines may be required when travelling internationally. Girl Guides of Canada–Guides du Canada is not responsible for confirming vaccination requirements. It is the responsibility of the individual member to ensure they have the correct vaccinations for the destination.

## Violence

The intentional use of physical force or power, threatened or actual, against oneself, another person, or against a group or community, that either results in or has a

high likelihood of resulting in injury, death, psychological harm, maldevelopment or deprivation (World Health Organization definition). Violence of any sort will not be tolerated by Girl Guides of Canada. All members are required to sign and adhere to the Code of Conduct.

## Volunteer

All Guiders at the unit, district, area and provincial levels are volunteers. Girl Guides of Canada recognizes the extraordinary commitment these women make to our organization and the difference they make for more than 95,000 girls every year. Thank you, volunteers!



## Yom Kippur

The holiest day of the Jewish year. Yom Kippur means “Day of Atonement,” and observers fast for nearly 26 hours, beginning before sunset on the evening before and ending after nightfall on the day itself. They also refrain from washing, working and wearing leather footwear, among other abstentions. Girl members who may choose not to attend Guiding events during Yom Kippur in order to meet religious obligations should be supported.





# Alberta Girls' Parliament, March 22–26, 2017

This event run by Alberta Council aims to inform young women about how the parliamentary system works through scheduled activities, which include a tour of the legislature building, observing question period and role playing during the opening and prorogation of a parliamentary session. Girls learn about parliamentary debate and how caucus works by attending party caucus meetings prior to each debate. They also learn how to debate and/or develop their arguments. BC Council and the BC Program Committee support two Rangers from BC to attend this event each year.

This event is held annually in March, and applications are sent to Rangers in November.

Kaitlin, Fraser Skies Area  
Edmonton is about 800 kilometres away from Delta, where I live, so I had to take a plane to get to Alberta Girls' Parliament. It was my first time flying alone, but I was given a lot of help from BC Girl Guides, which made my first time flying one of my easiest flights ever!

Alberta Girls' Parliament (AGP) was held in the Providence Renewal Centre, where we had our own small rooms and shared bathrooms; there were also showers, which was nice to have since the event lasted longer than one night. The meals were served in the centre's cafeteria, and after debates and meetings there was usually food, and girls could bring their own snacks as well, so I was never hungry.

Each full day, we took a bus to a different place. My favourite part of the first out-trip, to the Legislature, was sitting in on question period and watching the government respond to questions and the opposition try to argue with them. On our second day, I had a lot of fun exploring West Edmonton Mall and shopping with my friends. On the final full day—after our last debate and the banquet—we went bowling and played

laser tag at Gateway Entertainment Centre. After a day full of debates, the break was a fun way to end the day. It was nice of the organizers to plan this for us. I think the out-trips are an important part of AGP.

The most important—and exciting—part of AGP are the debates. There are five in total, though one is for practice and one is for fun. Although some topics were harder than others to research, they were really good at starting discussions. The topics this year were

- Be it resolved that (BIRT) there be a standardized disaster relief protocol put in place in the province of Alberta by January 1, 2018;
- BIRT publicly funded Alberta high schools be assigned mental health professionals starting January 1, 2020;
- BIRT Alberta purchase electricity produced from renewable sources at a rate of \$0.50/Kwh to a maximum of \$500 per month commencing January 1, 2020;
- BIRT 20% of annual new hires in Alberta be aged 25 and under effective January 1, 2018;
- BIRT all Disney movies be banned from Alberta effective immediately (fun debate).

The debates were all set up formally with a speaker, clerk and sergeant at arms, and every girl represented a constituency (I represented Grande Prairie—Smoky). After the practice debate, I easily caught on with the process and spoke quite a bit in all of the other debates. We also had an official formal opening and closing of Parliament. As for the public speaking, I was really scared at first, but everyone was so nice and helpful that it soon became easy to stand up and talk in front of everyone. All of the girls were so supportive and encouraging and made sure that you had a chance to speak, that it made my first year a lot easier. I hope that if I can go back,



I can encourage the first-years to speak as well. I liked how official the debates and parliament sessions were; it made me want to further learn about Parliament, and to feel more comfortable talking about this subject. The whole event allows you to get a true feeling of what it is like debating and doing public speaking.

Another part of AGP was the guest speakers who were all powerful and inspiring women. The first guest speaker was Stephanie McLean, who we briefly met while taking a tour of the Legislature. Stephanie is Minister of Service Alberta and the Minister of Status of Women, and she talked about what it's like being a woman in government, as well as balancing work and family life. I thought she showed a lot of leadership, and it was really cool to see a strong woman and mom in Parliament. Our next speaker was Cassie Campbell-Pascall, a former captain of the Canadian Women's Hockey Team. Cassie spoke to us about working hard, accepting and moving on after losing and never giving up on something you love doing. I found her stories about being a woman in hockey to be really interesting and inspiring. The next guest speaker was Georgette Reed, who is an athlete and contributes to the Edmonton Fire Rescue Services. Georgette is amazing; she has done so much athletically and puts her knowledge to good use for mental health and emergency rescue services. Her story was truly inspiring and taught girls how to love themselves



and become powerful people who can change lives. Our last guest speaker was the Honourable Lois E. Mitchell, currently the lieutenant-governor for Alberta. Lois spoke about her duties in Parliament and encouraged all of us to go into Parliament to improve its gender diversity. She made her job sound fun and important, and it was nice to see a strong woman in such an important job.

To conclude, I am thankful for the opportunity to see a parliament outside of my province. The Providence Renewal Centre provided a lot for the girls at AGP, and I enjoyed my stay there. The out-trips were so much fun and allowed us to have a break from our busy schedules. The entire event was informative, and the debates helped me learn so much more about government and politics. I loved the chance to listen to powerful and inspiring women leaders. The days had extremely busy schedules; and fitting all of this learning and debating into only five days is hard. The organizers and leaders made every girl feel welcomed and safe. The executives were so much fun and great leaders; they encouraged everyone to speak during debates and definitely made me feel more comfortable. I made so many new friends, and the girls there were some of the nicest people I have ever met. I am so thankful I was able to go on this trip, and I hope that I can return next year.

Emma, Kootenay Area  
When I first arrived at AGP, I'll admit I was quite nervous as I had never participated in a debate before and I had no idea what to expect. Once I met the other girls, I learned that many of them had been to AGP before. I figured that if so many girls were returning three or four times, it must have been a good experience.

Our first activity was a tour at the Alberta Legislature, which was a lot of fun. During our mock legislature,

all of my fears disappeared and I was actually excited to get the debates going. During the first debate, we were debating if Alberta should have a standardized disaster relief protocol. I was so nervous, but I was determined to speak at least once so all of my research wouldn't go to waste. I stood up and I spoke, I can't even remember exactly what I said. After the debate, I felt glad that I forced myself to get up and talk in front of a bunch of people I had just met.

By the time the second debate came around, I had gotten to know everyone a little better, but now there was an audience. I was beginning to think that I wouldn't get up when I received a note from a member of the opposition saying that I could do it. I could get up. That was the first note I got that week. For some reason, I felt that it really helped my confidence, and as soon as I saw a chance, I was up and saying my part. It felt great being able to get up like that, especially when I thought I wouldn't like debating in the first place. I sure proved myself wrong!

At the third debate, I didn't talk—it's not that I didn't want to, I just couldn't find a place to insert myself into the conversation. It was just as much fun watching everyone else debate, though. In the fourth debate, the topic was "Should 20% of new hires be under the age of 25?"

That debate was so much fun to take part in because I had gained so much confidence over the week that I could get up and speak a lot more.

In summary, I learned a lot at this event about the procedures in Parliament and the different roles people play. I also learned a lot more about how I could improve my public speaking and debate skills. More importantly, I learned a lot about myself and what I'm capable of. AGP was such a great opportunity for me, and I made lots of friendships that will last a lifetime.

# AWARDS

## Honorary Life

Bea Robertson *Langley*

## Medal of Merit

Toki Menendez *Richmond*

## Gold Merit

Gillian Hurwood *Sooke*

## Silver Merit

Christina Armstrong *New Westminster*

Stefanie Donneck *Abbotsford*

Debora Jackson *Surrey*

Megan Little *Abbotsford*

Jane Olson *Clearwater*

Marie Pudlas *Burnaby*

Jennifer Sanguinetti *Vancouver*

Judith Shipley *Clearwater*

Neala St. Hilaire *Victoria*

Monica Tang *Vancouver*

Leila Waugh *Delta*

## Bronze Merit

Tara Anglehart *Chilliwack*

Carole Cooledge *New Westminster*

Michele Gervais *Vancouver*

Samantha Hackett *Tofino*

Alexandra Kasper *Coquitlam*

Elisa Leung *Vancouver*

Nahtasha Mitha *Richmond*

Ashley Newcomb *Richmond*

Veronica Singer *Vancouver*

Deanna Warner *Vancouver*

Christa Williams *Milner*

Clara (Man Sze) Yiu *Vancouver*

**Note:** The awards list is created from the iMIS database. If an award was presented but not entered in iMIS before the Pipeline submission date, it will not be included here.



# Check Out the Global Happenings Camp to Go

This resource was designed for Pathfinders and Rangers, but you don't have to camp to use it. It is intended to provide participants with a safe space to learn about global issues, ask questions, develop their own opinions and think about ways in which they can help. While the issues covered in this camp are complex and can be challenging, they are important issues that affect the lives of millions of people around the world every day, so they are important for members of Guiding to understand. As an extension of this camp, girls can be encouraged to speak out and take action on these issues, in a way that will better our world for girls and women everywhere. Because of the challenging content of this camp-to-go, it is intended for Pathfinders and Rangers. However, some of the activities can be adapted for use by younger branches as well.

Challenges revolve around food availability, water safety and access to education and health resources. The camp includes recipes with an international theme, and the crest is really cute!

You will find that many of the activities in this package can be used to fulfill other badge requirements, such as the World Association of Girl Guides and Girl Scouts (WAGGGS) Global Action Theme Badge or BC's Girls Worldwide Challenge. Why not use this package to get a head start on that or another badge and surprise your group by completing two badges at once!

Please use your wonderful creativity as required!

Here is an activity from Global Happenings:

**Making Water Last**  
Catch water from a tap for two minutes. Try to see how long you can make that water stretch and last you through the day.

1. How much water did you collect? (Tip: Running a tap generally uses 7–12 litres a minute.)
2. Did you make it through the day? If not, how far into the day did you get?
3. How did you decide what to use the water for?
4. How much of the water did you use for drinking water?
5. What if you had children or sick people to care for? Would that change your priorities?

Related Badges

**Pathfinders:** A World to Discover: Going Global; What's Up Around the World?

**Rangers:** Healthy Living: 31. H2O



## Pipeline is available online!

A limited number of past issues of *Pipeline* are now available at [www.bc-girlguides.org](http://www.bc-girlguides.org); select *Volunteers > Guider Resources > Publications > Pipeline*. Note: Issues are available as PDF files and are about 10 MB in size.





# World Tour Crests

## Sangam Is Now Online

The World Tour Challenge was developed in 2003 as a way of helping BC Guiding members learn about the four World Centres. Each World Centre has its own crest and challenge. The World Tour Challenges have been updated and added to the BC Girl Guide Challenges web page (these online resources replace the old binders previously distributed to each district). You can use activities and resources from the World Tour online resources to complete the challenge, or you can create your own activities to suit your unit. We encourage you to be creative and think “outside the box”!

For each of the four World Tour crests, complete at least one activity from a minimum of three of the following categories:

- the country
- the World Centre
- Guiding
- traditions and culture
- foods
- clothing
- crafts
- games
- songs

Here is an example of a traditional game from India for Brownies and Guides.

## Kokolanka

**Equipment:** None

**Set-up:** Girls sit in a circle with their legs stretched out in front of them.

**How to play:** One girl stands in the middle of the circle and walks around inside it saying:

“One, two, three, four  
 Every foot upon the floor  
 Five, six, seven, eight  
 Here is one without a mate.”

As she recites the verse, she touches the girls’ feet, a different foot with each word. The foot that is touched on the last word is lifted up. When a person has lost both

feet, she becomes the “Rascal.” Once a Rascal is chosen, all of the girls in the circle stand up and begin to bob up and down. The Rascal tries to tag someone who is standing up. She cannot touch anyone when they are down. Once someone has been touched by the Rascal, she becomes the counter and the game starts again.

**Variation:** Count in Punjabi: Substitute “Ika, do, tina, cara” (one, two, three, four) and “Paja, che, sata, atha” (five six, seven, eight) for lines one and three respectively.

Crests may be ordered through the provincial office. For complete instructions, see [www.bc-girlguides.org](http://www.bc-girlguides.org); select *Program > Challenges & Activities > Provincial Challenges*.

## Presenting the World Tour Challenge for Kusafiri, our Fifth World Centre

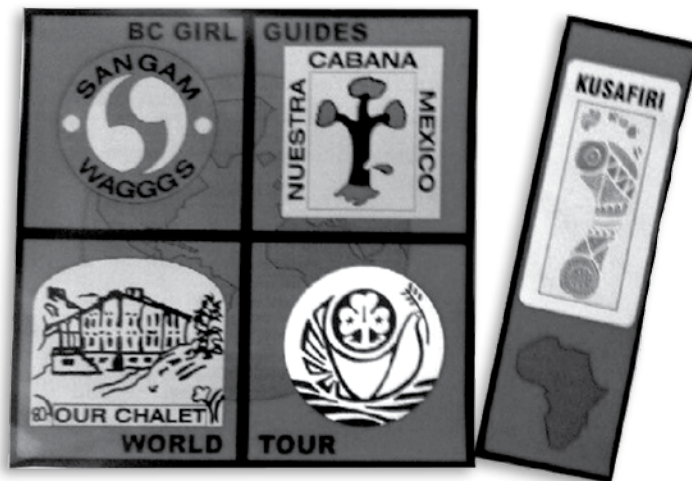
Be first to add the Kusafiri crest to your World Tour collection!

The Kusafiri World Tour challenge and crest will be launched in September!

Because Kusafiri doesn’t belong to any specific African nation, we have chosen activities, games, songs, food and culture from a variety of African nations that support Girl Guides. You will also find some girl empowerment activities. This has been a theme for the Kusafiri World Centre camps that have already taken place. We want to ensure that our World Tour reflects this interest. Here is an activity for all ages.

## Art for Change

**Equipment:** Appropriate materials to draw on and to draw and colour with. These may include poster board or paper, pencil



crayons, crayons, an outside area where sidewalk chalk can be used, spray paint on snow, T-shirts and paint or whatever else you think of. You can also provide old magazines, newspapers, glue and scissors so that girls can make collages.

**Activity:** Girls can work individually or in groups. Ask the girls to think about things that they would like to change to make their world or the world around them a better place. If girls seem unsure, make suggestions that may be appropriate for the age of the girls. There may be specific problems in the community relating to homelessness, poor drinking water quality, flooding, poverty, discrimination, etc. You may also make suggestions about global topics such as war, refugees or education, or about girl inequality topics such as an inability to go to school when she is menstruating or because she needs to take care of younger siblings. The topics do not need to relate to Africa, but they can.

Ask the girls to decide on a topic and to make a picture that relates to the change they want to make. They can choose whatever art style they want.

After the activity is complete, ask each girl or team to speak about her creation. They can describe the issue and speak to how their art piece promotes or creates awareness.



# 2018 Events

There are many exciting travel opportunities coming up for Guiding members in 2018. Check out the event details and application requirements—and be sure to meet the application deadlines!

## Provincially Sponsored Travel Opportunities

Applications open September 2017. The deadline to submit your application and reference forms for these events is October 15, 2017. Applications must be submitted to your area international adviser. Please refer to the BC Girl Guide website for the applicable forms and for further details on these exciting opportunities available only to members of BC Girl Guides.

### Japan 2018

- For 12 girls ages 14 to 17 years at the time of the event and 3 Guiders
- Approximately two weeks in late July or August 2018

### Colours of the World

- For 20 girls ages 11 to 13 years at the time of the event and 3 Guiders
- To be held in Vancouver
- Approximate dates: July 8–15, 2018

## Nationally Sponsored Travel Opportunities

Applications open September 2017. The deadline to submit your application and reference forms for these events is October 30, 2017. Applications for these events are accepted only via the national selections process. Please refer to the Girl Guides of Canada—Guides du Canada website for details on this process, as well as for details on each of these exciting opportunities.

### Sydney Jamboree 2018, Australia

- September 26–October 8, 2018
- For 20 girls ages 14 to 15 years at the time of the trip and 4 Guiders

### Journey through London 2018, Pax Lodge, England

- August 8–19, 2018
- For 20 girls ages 14 to 15 years at the time of the trip and 4 Guiders

### Swiss Challenge 8, Our Chalet, Switzerland

- August 19–September 2, 2018
- For 20 girls ages 16 to 18 years at the time of the trip and 4 Guiders

### Sea Adventure, Our Cabaña, Mexico

- November 8–16, 2018
- For 15 girls ages 16 to 18 years at the time of the trip and 3 Guiders

## Provincially Sponsored Camping Opportunities



Mount Assiniboine.

### Mount Assiniboine Backpacking

**When:** July 19–26, 2018

**Who:** 10 Rangers born between September 1999 and August 2003.

**What:** Explore the beautiful Mount Assiniboine World Heritage Site Park. This trip will begin with a flight to Calgary followed by a bus ride to Banff. After one night in Banff the group will backpack through the spectacular beauty of the park. Proposed stops include Porcupine Campsite, Og Lake, Naiset Huts and Marvel Campground. The final day will include a trip back to Calgary and the flight home. For more information on the park, see: [www.env.gov.bc.ca/bcparks/explore/parkpgs/mt\\_assiniboine/](http://www.env.gov.bc.ca/bcparks/explore/parkpgs/mt_assiniboine/).

**Cost:** \$400/girl. This includes all transportation to and from home, meals and accommodations. Girls may want some incidental spending money while in Banff.

### Prerequisites:

- Good physical condition and the ability to hike 16 km with a pack
- Five consecutive or non-consecutive nights tenting with Girl Guides of Canada
- Ability to adapt and work co-operatively
- Ability to cope with daily camp activities

### Pathfinder Paddles – Murtle Lake

**When:** July 14–21, 2018

**Who:** 8 Pathfinders born between 2003 and 2005

**What:** Eight lucky Pathfinders will be selected to explore Murtle Lake, the largest canoe-only lake in North America. Set in a



Murtle Lake.

pristine mountain valley, Murtle Lake has almost 100 km of shoreline to explore, with sandy beaches and fabulous mountain views. Come join us for this majestic paddle!

**Prerequisites:**

- Current swim/boat test in iMIS prior to the event
- Tent camping experience
- Physical fitness



**Roam 2018: Follow the Gold Rush**

**When:** July 15–24, 2018

**Who:** 12 girls (Pathfinders at the time of the trip) and 2 selected Guiders

**What:** A 10-day event travelling and exploring northward from the Lower Mainland to the Cariboo. Arrival and departure from Vancouver.

Murder, mayhem and mystery were all part of BC's gold rush. Come explore the beautifully scenic gold rush trail from New Westminster to Barkerville with your sisters in Guiding. Everyone will gather at Richmond Guide House to begin our exploration of the adventure of the gold rush. We will travel to the original capital of BC and then head north, following the trail used by gold seekers over 100 years ago through the Cariboo region. The possible activities are endless, including visits to museums, cultural and heritage sites and walking tours. We will have plenty of opportunities for fun and outdoor adventures, such as whitewater rafting, horseback riding and geocaching. Be sure to pack your camera, as this trip will be filled with great Kodak moments.

**Event fee:** \$500 per girl. This includes all transportation to and from home, meals and accommodations. Girls may want some incidental spending money while on the trip.

**Girl prerequisites:**

- Four nights of camping (minimum of two consecutive nights) with Girl Guides of Canada
- Swim or Boat test completed and entered into iMIS by May 1, 2018

**Leader prerequisites:**

- Four nights of Girl Guide camping (minimum of two consecutive nights)
- Swim or Boat test completed and entered into iMIS by May 1, 2018)
- Valid First Aid certification (Standard level encouraged but not required)

## Identify Your Membership Number

Five membership numbers are randomly drawn from the iMIS database for each issue of *Pipeline*. If your number is listed below, you are eligible to receive a gift from the provincial PR Committee. To receive your gift, send an email, identifying your number, to [pipeline@bc-girlguides.org](mailto:pipeline@bc-girlguides.org) by October 20, 2017.

110342 | 116898 | 1426662 | 289447 | 42222



# Hands Across the Border 2017

*BC International Committee*

**O**n June 14, 2017, about 1,600 Girl Guides, Girl Scouts and Scouts gathered together at Peace Arch Park to create and celebrate connections between Guiding and Scouting in the US and Canada. Children and adults alike came together to learn about each other's organizations, make new friends and trade crests and crafts! It was a beautiful, sunny day, and everyone seemed to have a great time.

BC Girl Guides provided flags from our collection of World Association of Girl Guides and Girl Scouts (WAGGGS) member country flags for the procession. Our flags were carried by members of BC Girl Guides, except for the US flag, which was carried by a US Girl Scout. This year we had over 60 girls and flags lead the parade of units and troops through the Peace Arch. Next year we hope to see even more flags



*Colour party on parade.  
Photo: Teri Craig*



*Pathfinder proudly displays flag of Tanzania.  
Photo: Teri Craig*

go out. The BC International Committee has enough flags to represent almost every WAGGGS country (there are 146 member countries), and hopes that one day Hands Across the Border will be

large enough to see the entire collection go out!

The next Hands Across the Border is to be held June 10, 2018. We hope to see you there!

# CWFF Pizza Challenge 2017

*BC International Committee*

**T**he BC International Committee would like to thank all of the units who participated in the CWFF Pizza Challenge this year! This year also saw the introduction of two more slices, deluxe and Hawaiian, to complete the crest.

A winner from each branch was chosen, as well as a unit with the most creative fundraiser, with the prize being \$100 towards a pizza party for the unit! This year's branch winners are:

- 8th Mission Sparks, Lougheed Area**
- 129th Vancouver Brownies, West Coast Area**
- 1st Sardis Guides, Fraser Skies Area**
- 1st Ottergrove Pathfinders, Fraser Skies Area**
- 1st Ottergrove Rangers, Fraser Skies Area**

The prize for most creative was shared between the 2nd Willoughby Brownies and 3rd Willoughby Guides, Fraser Skies Area, who kept with this year's theme of "Grow Guiding" by decorating paper trees and



attaching coins onto the branches that then became their donations.

Other creative ideas to fundraise for CWFF included a community carnival, shovelling snow for the neighbourhood, a craft sale and donating the dues from one meeting.

The Pathfinder and Ranger units chose to donate their \$100 back to CWFF this year!

The International Committee looks forward to seeing your entries next year!



*Photos: Lindsay Romas*



# Crests Cross the Border

From Queensland, Australia to BC, Canada

*Monica Langford, BC Training Committee*

I am a Canadian Guider inside the body of an Aussie. I go home as often as I can and always take the time to drop by Girl Guides Australia's state office in Brisbane, the capital of Queensland, and browse their store. I always like to bring back crests for everyone, because crests are important, right?

This time I asked if any of my BC Guiding friends wanted anything while I was there. The supply stores in Australia are still physical stores, so I went in and talked with Jo and took photos of all their shirts, bags, crests and hats to send back to my Guiding friends. Jo was very patient and accommodating with me. Of course, I took cookies to say thank you. It does not matter where you are in the world, if you are a member of Girl Guides the cookies are important, right?

So I had my orders and back I went to Guide Supplies, the store, with my list. I was expecting to be there for about half an hour. Two hours later, I had all my shirts, bags, towels, hats, and about 100 crests when Jo asked if I would like some crests from the state commissioner. She is the equivalent of our provincial commissioner, as Australia has states, not provinces. Of course I said yes, because crests are important, right? Especially crests this unique!

So while I am waiting for Jo to get the crests, a Guider comes

in who has heard there is someone from Canada in the store. She wanted to tell me how much she enjoyed Mosaic in 2016.

To my surprise, it is not Jo who brings me the crests but the state commissioner herself who was at the state office

that day. We talk about Guiding, and she gives me her crests and some Girl Guide Australia biscuits (cookies). She tells me they are a little jealous of our mint cookies. They would like to do chocolate cookies but can't because of the heat.

Thank you to our provincial commissioner and her deputies who have given me their crests. They are on their way to Australia to the state commissioner to say thank you for their kindness at the office.

Really, when I think back I am surprised it only took two hours. It must have been the phone call from my mother telling me she had bought fresh king prawns for lunch that enticed me to leave. No matter how long I have been in Canada, I am still an Aussie and I can never say no to fresh prawns, not even for Guides.



*Modelling Girl Guides Australia shirts. Left to right: Tracy Becker, Sherry Fortais, Janice Bold and Monica Langford.  
Photo: Kerrie Glover*

## Try Something New This Year:

## Join the BC Program Team!

The BC Program Committee is looking for women passionate about girls and Guiders having fun while completing the different levels of program! We're looking to fill two roles, with the following specific responsibilities.

**Communications Liaison:** Excellent computer and social media skills. Experience with Microsoft Word and Publisher or comparable programs. Main responsibilities will be publishing FunFinder, serving as website liaison, taking minutes and moderating the Program e-group.

**Events Coordinator:** Good computer and organization skills. Responsible for coordinating logistics of GUEST, Pathfinder Summit, Ranger Revolution and Program workshops between the committee, provincial office staff and the event applicants.

Both positions provide the opportunity to give input into committee work in a variety of ways. To ask for more information, job descriptions and application, please contact the Program Committee Team at [program@bc-girlguides.org](mailto:program@bc-girlguides.org).





# The Parking Lot

BC Training Committee

The purpose of the BC Training Committee is to promote and administer the *Training and Enrichment for Adult Members* (TEAM) program and other related training opportunities.

Who are we?

Provincial Training Adviser: **Tamara Sweet-Letts**  
 Area Training Adviser Liaison: **Alison Speirs**  
 Events Coordinator: **Monica Langford**  
 Financial Coordinator and Secretary: **Tracy Becker**  
 Trainer Administrator: **Janice Bold**  
 Trainer Coordinator: **Vacant\***

\*Interested in joining us? Email [training@bc-girlguides.org](mailto:training@bc-girlguides.org) for more info.

What do we want?

We would LOVE to hear your ideas and suggestions on the kinds of training you would like to participate in as well as any questions you have about the TEAM modules and training itself.

Tell us how training is doing in your area—about your successes and challenges. What was the best training you ever attended? What made it so memorable? Tell us how training has enriched your Guiding experience!

Guiding is all about a progression of skills for both girls and Guiders. Training opportunities and enrichment support Guiders as they develop their own individual leadership styles and skills, which in turn help to foster great girl activities and experiences.

Now, to help you get ready for the start of a new Guiding year, here is your September to do list:

- Download the current/updated Safe Guide forms and familiarize yourself with the changes.
- Clear off your dining room table and gather and submit your summer Safe Guide documents to your area commissioner.
- Take a moment to think about a Guider or girl who has inspired you to do your best.
- Continue to work on your 2017 Trainer's Challenge (applies to trainers/trainer candidates only).
- Complete and send in your Annual Trainer Report (TR.4); due October 31, 2017.
- Take a deep breath ... ready or not, it is all about to start again!

We look forward to hearing from you and hope that you will check out "The Parking Lot" in each upcoming issue of *Pipeline*.

Please contact us at any time at [training@bc-girlguides.org](mailto:training@bc-girlguides.org). Best wishes for a great start to the new Guiding year!

## Trefoil Guild Rendezvous 2017 Service Project

Rosemary Meech, All Terrain Guild, West Coast Area

Trefoil Guild members from all over BC got busy and knitted, crocheted, snipped and stitched to make hundreds of hats, scarves and mitts for our service project. In keeping with the National Service Goal of Action on Poverty, they donated these items to local service organizations and charities in their own communities where they were gladly

received. About 140 members shared photos and stories, met old friends and made new ones and had fun in Richmond this April at Rendezvous 2017, hosted by the Trefoil Guilds of West Coast Area. Everyone was presented with a tiny hat ornament and a purple toque, and honourable mentions went to Monashee Area's Tillicum Guild and West Coast Areas Legends and All Terrain Guilds.

The Cowichan Trefoil Guild in Pacific Shores gathered their items at their meeting for local donation on Vancouver Island.

The need is great and many of the Trefoil Guilds are continuing to make



Photo: Rosemary Meech

The All Terrain Trefoil Guild made a pile of toques for donation to charities in New Westminster.

items for donation for next winter.

Guiding members 30 years of age or older, active or retired, are welcome to join a Trefoil Guild. For more information, email us at [trefoilguild@bc-girlguides.org](mailto:trefoilguild@bc-girlguides.org).



Photo: Carol Pickard



# Pathfinder/Ranger **Zombie** Apocalypse

Becca Stephen, Lougheed Area Program Adviser / Laity District Ranger Guider



Becoming a zombie!

Are you ready to enter a world where Zombies roam and you need all your resources to survive? When we set out on our journey into the world of zombies on a rainy April weekend, we had no idea that it would be such an overwhelming success. But that's what Lougheed Area's Zombie Apocalypse was. It was an event unlike anything that Lougheed Area has undertaken before and resulted in girls leaving excited about the new skills they'd learned.

My vision for this event was:

- to hold an event for Pathfinders and Rangers that would empower them to build on skills they already had, as well as to help build their life and adulting skills;
- to make it fun, unique and creative;
- to build a mentoring relationship between the older girls and the younger Guiders by demonstrating the leadership opportunities available to girls as they age out of the girl program. We did this by inviting all 18 to 30ish Transitioning Members and Guiders to add their skills to our leadership team. We found out that we have some young Guiders with

unique skills—including parkour and medieval role playing with weapons experience!—which added a lot to our event.

Zombie Apocalypse started Friday evening with a risk assessment activity resulting in animated discussion about experiences the girls had taken part in. We continued the evening with some fun team-building games to mix the girls up and finished with mug-up.



Saturday was a busy day, so we started early. Girls received their individual schedules with four personally chosen sessions. The session included:

- *Zomjitsu*: Hand to Rotting Hand Combat; Self-defense for fighting the undead
- *Bug-Out Bags*: The essentials to grab in a zombie raid or any disaster
- *Becoming a Zombie*: Learning the techniques to create really cool and realistic zombie effects
- *Survival Mechanics*: Basic car maintenance that will get you to safety
- *Will It Kill Me?* Learning to identify which plants will kill and which will heal
- *Weapons Combat*: Skills to help defend against zombies through archery and knife and axe throwing



- *Bushcraft*: Can You Survive Out in the Bush in an Emergency? Skills to help you survive in the bush
- *Urban Foraging*: Learning simple tricks to help you survive in an urban environment
- *Emergency First Aid*: A disaster scenario that equips you with skills to help until professionals arrive
- *Set Design*: Setting the scene for an evening raid
- *Parkour*: You never know when you will have to jump to save your life
- *Military Field Tactics*: You are being followed by zombies; How do you find an escape route?

Between each session, girls participated in Safe Guide zombiefied challenges. By the end of the day, they had not only increased their understanding of survival and life skills, but also had a much better understanding of the Safe Guide requirements to lead activities in Guiding.



# Get to Know Your Province!

As we enter a new Guiding year, we want to help you get to know your area and the other areas around the province.

BC is made up of ten areas with vastly different geographical sizes, ranging in membership from about 550 to 3,300 girls and Guiders. Who are your neighbours? What is Guiding like in their area? What are some successes and challenges facing Guiding around the province? Read on and find out!



Want to see how the areas have changed over the last few years? Check out the area profiles in issue 373 Summer/Fall 2015 of Pipeline, available on the BC Girl Guide website ([www.bc-girlguides.org](http://www.bc-girlguides.org); select *Volunteers > Guider Resources > Publications > Pipeline*).



## Kootenay Area

<b>Commissioner:</b>	TBA
<b>Website:</b>	<a href="https://kootenaygirlguides.wordpress.com/">https://kootenaygirlguides.wordpress.com/</a>

What communities or geographical features form the borders of your area?

<b>North:</b> Golden	<b>East:</b> Sparwood and Elkford
<b>South:</b> Midway/US border	<b>West:</b> Rock Creek

**Districts in the area:** Bugaboo, Columbia, Elk Valley, Ghost Valleys, Granby and Mountain View

Membership (2016–2017 Guiding year)			
<b>Sparks:</b>	132	<b>Rangers in non-Ranger units:</b>	14
<b>Brownies:</b>	160	<b>Transitioning Members:</b>	3
<b>Guides:</b>	177	<b>Trex:</b>	7
<b>Pathfinders:</b>	55	<b>Guiders:</b>	177
<b>Rangers</b>	21	<b>TOTAL:</b>	746

What is your Area Challenge?

No current challenge.

What are some of your area's successes and challenges?

Information not available at the time of publication.

\*For all areas, "Rangers" include both youth registered in Ranger units and youth participating in non-Ranger units (for example, as Girl Assistants). Some Rangers may, therefore, be counted twice.



# Get to Know Your Province!

## Fraser Skies Area



<b>Co-Commissioners:</b>	Jenny Hall, Bev Lindsay and Marion Weir
<b>Website:</b>	<a href="http://www.fraserskiesgirlguides.com">www.fraserskiesgirlguides.com</a>

### What communities or geographical features form the borders of your area?

<b>North:</b> Harrison Lake	<b>East:</b> Boston Bar
<b>South:</b> Canada/US border	<b>West:</b> North Delta–Burns Bog

**Districts in the area:** Abbotsford, Chilliwack, Clover Ridge, Clover Valley, Kwantlen, Langley Valley, North Delta, Ottergrove, Peninsula, Telegraph Trail, Vedder, Willoughby

### Membership (2016–2017 Guiding year)

<b>Sparks:</b>	492	<b>Rangers in non-Ranger units:</b>	28
<b>Brownies:</b>	598	<b>Transitioning Members:</b>	3
<b>Guides:</b>	755	<b>Trex:</b>	11
<b>Pathfinders:</b>	245	<b>Guiders:</b>	581
<b>Rangers:</b>	143	<b>TOTAL:</b>	2,856

### What is your Area Challenge?

**Hear Our Voice:** The Fraser Skies Area challenge is based on the idea of getting Guiding out into the communities in which we live and getting us noticed once again! Even though we have been doing amazing things for girls and women for more than 100 years, it seems like the communities where we live may have forgotten about us and who we really are. This is our chance to not only remind them about who we are, but also to show them what we can offer them and the girls and women who are not yet part of this wonderful organization. The goal of this challenge is to re-introduce ourselves to our communities, not only to make the communities aware of us, but also to make the girls more aware of the communities in which they live!

### What are some of your area's successes and challenges?

Our successes include that we are growing each year and will continue to grow. Our goal going forward is simple—to focus on the sisterhood of Guiding. We have an amazing and vibrant group of dedicated volunteers and believe that is because we focus on teamwork and on building a resilient and positive membership base. Our units get out in the community and are seen when they participate in community events, service opportunities, parades and celebrations. The biggest challenge we face every year is probably the same as for other areas—finding more volunteers to keep up with the number of girls and youth wanting to register.

# Get to Know Your Province!



## Lions Area

<b>Commissioner:</b>	Carol Williams
<b>Website:</b>	<a href="http://www.lionsareagirlguides.ca">www.lionsareagirlguides.ca</a>

What communities or geographical features form the borders of your area?

<b>North:</b> Whistler/Pemberton	<b>East:</b> Deep Cove
<b>South:</b> North and West Vancouver	<b>West:</b> Madeira Park and Earls Cove

**Districts in the area:** Cedar Shadows, Coast Mountain, Grouse, Lynn Valley, Seymour, Squamish, Tetrahedron, West Vancouver

### Membership (2016–2017 Guiding year)

<b>Sparks:</b>	237	<b>Rangers in non-Ranger units:</b>	19
<b>Brownies:</b>	418	<b>Transitioning Members:</b>	3
<b>Guides:</b>	414	<b>Trex:</b>	10
<b>Pathfinders:</b>	152	<b>Guiders:</b>	319
<b>Rangers:</b>	47	<b>TOTAL:</b>	1,619

What is your Area Challenge?

No current challenge.

What are some of your area's successes and challenges?

Check out the Lions Area Facebook page ([www.facebook.com/lionsareaggc](http://www.facebook.com/lionsareaggc)) and Lions Tale blog (<http://lionsareagirlguides.ca/blog/>) to learn about what the area has been up to lately.

# Get to Know Your Province!

## Lougheed Area



<b>Commissioner:</b>	Natalie Baxter
<b>Website:</b>	<a href="http://www.girlguideslougheedarea.org">www.girlguideslougheedarea.org</a>

What communities or geographical features form the borders of your area?

<b>North:</b> The BC Coast Mountain range	<b>East:</b> Mission
<b>South:</b> The Fraser River	<b>West:</b> Port Moody

**Districts in the area:** Alouette, Chimo, Como Lake, Eagle Mountain, Hyde Creek, Laity, Mission, Mundy Lake, Pitt Meadows, Port Hammond

**Membership (2016–2017 Guiding year)**

<b>Sparks:</b>	233	<b>Rangers in non-Ranger units:</b>	13
<b>Brownies:</b>	367	<b>Transitioning Members:</b>	3
<b>Guides:</b>	423	<b>Trex:</b>	0
<b>Pathfinders:</b>	149	<b>Guiders:</b>	340
<b>Rangers:</b>	69	<b>TOTAL:</b>	1,597

What is your Area Challenge?

No current challenge.

What are some of your area’s successes and challenges?

Lougheed Area holds many amazing events during the year: Fishing for Ideas is a weekend-long training event with many different sessions on a variety of topics, and Guiders may come for one session or stay the entire weekend. Our Youth Achievement Ceremony is a very special ceremony for Recipients of the Gold Chief Commissioner Award and Canada Cord. Dignitaries are invited from the districts across our area and most of them present the girls with special certificates and pins. Guider Golf at the end of the Guiding year is a sell-out, and the dinner afterwards is a great way to unwind and socialize with other Guiders. Every two years, an area-wide event is held for each level of Guiding. This year the Sparks were given the opportunity to become pirates for the day, the Guides participated in the Participaction 150 with a huge Glow Dance Party and the Pathfinders and Rangers learned how to survive the Zombie Apocalypse with an excitement-filled weekend of trainings.

Of course, none of these events would take place if we didn't have amazing, dedicated Guiders in place to create, organize and run them.

# Get to Know Your Province!

## Monashee Area



<b>Co-Commissioner:</b>	Barb Wilson and Julie Thomson
<b>Website:</b>	<a href="http://www.monasheegirlguides.com">www.monasheegirlguides.com</a>

What communities or geographical features form the borders of your area?

<b>North:</b> Revelstoke	<b>East:</b> Revelstoke and Lumby
<b>South:</b> Oliver/US border	<b>West:</b> Sorrento and Princeton

**Districts in the area:** Layer Cake Mountain, Mountain Ridge, Naitaka, Revelstoke, South 5, Sunvalley Orchards, Vernon, Wa'ya Spirit

### Membership (2016–2017 Guiding year)

<b>Sparks:</b>	271	<b>Rangers in non-Ranger units:</b>	9
<b>Brownies:</b>	406	<b>Transitioning Members:</b>	1
<b>Guides:</b>	362	<b>Trex:</b>	5
<b>Pathfinders:</b>	125	<b>Guiders:</b>	355
<b>Rangers:</b>	64	<b>TOTAL:</b>	1,598

What is your Area Challenge?

The Monashee Area Heart to Heart Challenge encourages members to try something new, or to take what they are already doing to a new level of connection within the community. There are six parts to the challenge; each section features a crest that can be earned separately.

The Monashee Top Ten Music Challenge 2017 encourages members to learn the “top 10” songs with their units.

Learn more about these challenges by visiting the area website and clicking on *Area Information > Area Challenges & Award*. Crests can be ordered through the Monashee Girl Guides website, <http://monasheegirlguides.com/about-monashee-area-2/area-challenges-award/>.

What are some of your area's successes and challenges?

We have slowly been growing our area by 10 to 15 percent the last couple of years, with our biggest growth coming from some of our smaller communities. Being such a large geographical area, Monashee has to try harder to bring girls together from all the districts, and it can be challenging trying to have Guiders feel connected and a part of a bigger sisterhood.

# Get to Know Your Province!

## Pacific Shores Area



<b>Commissioner:</b>	Barb Wood
<b>Deputy Area Commissioner:</b>	Johanna Scott
<b>Website:</b>	<a href="http://www.ggcpacificshores.ca">www.ggcpacificshores.ca</a>

### What communities or geographical features form the borders of your area?

<b>North:</b> Northern tip of Vancouver Island	<b>East:</b> East coast of Vancouver Island, plus Powell River, Salt Spring Island, and Gabriola Island
<b>South:</b> Malahat	<b>West:</b> West coast of Vancouver Island (Tofino, Ucluelet)

**Districts in the area:** Broughton Strait, Campbell River, Coastal Rainforest, Comox Valley, Hurford, Malaspina Strait, Nanaimo Arbutus, Nanaimo Piper, Waters Edge

### Membership (2016–2017 Guiding year)

<b>Sparks:</b>	309	<b>Rangers in non-Ranger units:</b>	15
<b>Brownies:</b>	392	<b>Transitioning Members:</b>	5
<b>Guides:</b>	526	<b>Trex:</b>	6
<b>Pathfinders:</b>	180	<b>Guiders:</b>	435
<b>Rangers:</b>	56	<b>TOTAL:</b>	1,924

### What is your Area Challenge?

No current challenge.

### What are some of your area's successes and challenges?

Pacific Shores Area membership continues to increase, last year by 7.5%, as more girls and Guiders participate in exciting and adventurous programming. This year we had three groups travelling internationally. SOAR 2017 was popular this year, with 17.5 patrols participating and many area Guiders working as core staff. Most importantly, hundreds of girls and Guiders are taking the time to go camping and hiking. Our Properties Committees have spent a tremendous amount of time this year preparing Asset Management Plans as we continue to improve our facilities. Distance continues to be one of our major challenges; however, our Guiders still manage to provide amazing opportunities for our girls. Area Council continues to be a vibrant group of talented women who work and play together for the benefit of making our girls and Guiders the best that they can be. We invite everyone to come and explore our beautiful area, including such activities as hiking the Cape Scott Trail, skiing at Mt. Washington, surfing at Long Beach or camping at Camp Creina.

# Get to Know Your Province!



## Rivers North Area

<b>Commissioner:</b>	Phoebe Painter
<b>Deputy Area Commissioners:</b>	Jill Greenlees, Peggy Boyde and Tracy Becker
<b>Website:</b>	<a href="http://www.riversnorthareagirlguides.ca">www.riversnorthareagirlguides.ca</a>

What communities or geographical features form the borders of your area?

<b>North:</b> Fort Nelson	<b>East:</b> McBride
<b>South:</b> Williams Lake	<b>West:</b> Prince Rupert

**Districts in the area:** Aurora, Alcan, Big Sky, Chilco, Dease Lake, Harmony, Misty Island, Mouse Mountain, Northern Rockies, Quesnel, South Williston, Stuart Lake, Tall Totem, Tsimotsa, Valley, Whispering Pines

### Membership (2016–2017 Guiding year)

<b>Sparks:</b>	188	<b>Rangers in non-Ranger units:</b>	3
<b>Brownies:</b>	276	<b>Transitioning members:</b>	0
<b>Guides:</b>	321	<b>Trex:</b>	16
<b>Pathfinders:</b>	106	<b>Guiders:</b>	246
<b>Rangers:</b>	37	<b>TOTAL:</b>	1,193

What is your Area Challenge?

Obtain the new Area Commissioner team crest, pictured on this page. To do this, you must meet the area commissioner and each deputy commissioner and tell each one how you are helping to Grow Guiding.

What are some of your area's successes and challenges?

Our biggest challenge in our area is the distance between communities. We continue to encourage girls and Guiders to participate in area events such as the Cougars Thinking Day Sleepover as well as taking part in inter-community events such as the Snowflake Ball, Spark and Brownie Revels and the Guide and Pathfinder Rallies. The area has travel equalization for those who attend events that involve more than one district as well as an event subsidy up to \$10 per member that attends. We are working with our growing membership to ensure that every member feels included by continually inviting them to attend camps, events and trainings.

# Get to Know Your Province!

## Southern Vancouver Island Area



**Co-Commissioners:** Adrienne Blandford, Wendy Halpen and Gillian Hurwood

**Website:** [www.svirlguides.bc.ca](http://www.svirlguides.bc.ca)

What communities or geographical features form the borders of your area?

**North:** Sidney and the highest point on the Malahat Highway **East:** Oak Bay

**South:** Victoria **West:** Sooke and Port Renfrew

**Districts in the area:** Bay to Bay, Camas, Chatham, Harbours, Lakes, Pacific Skies, Peninsula Shores, Portage Inlet, Raven, Straits, Woodwyn

### Membership (2016–2017 Guiding year)

<b>Sparks:</b>	308	<b>Rangers in non-Ranger units:</b>	16
<b>Brownies:</b>	432	<b>Transitioning members:</b>	3
<b>Guides:</b>	357	<b>Trex:</b>	23
<b>Pathfinders:</b>	159	<b>Guiders:</b>	328
<b>Rangers:</b>	56	<b>TOTAL:</b>	1,682

### What is your Area Challenge?

The SVI Community Connections Challenge encourages members to try something new or to take what they are already doing to a new level of connection within the community. The challenge has four sections: Out and About (in the public eye); Lend a Hand (community service); Green Guiding (environmental); and Give a Star, Be a Star (media and publicity), each with suggestions for activities for individuals or groups. For more information or to order challenge crests, visit our area website, [www.svirlguides.bc.ca](http://www.svirlguides.bc.ca); select *Guiding in SVI > SVI Area Challenge*.

SVI also has a Discover SVI Camps Challenge. Get to know our three camps—Jubilee, Kingswood and Milnes Landing—with an individual challenge for each camp. For more information and to order challenge crests, visit our area website, [www.svirlguides.bc.ca](http://www.svirlguides.bc.ca); select *Camping Venues > Discover SVI Camps Challenge*.

### What are some of your area's successes and challenges?

SVI Area successes include consistently high participation in SOAR—both patrols and core staff; girls regularly selected for trips—both provincially and nationally sponsored; and girls consistently receive provincial and national level scholarships and Guiding program awards. We have had members volunteering at World Centres, participating in national and WAGGGS conferences and working with the National Board. Overall, we have seen an increase in Guiders and girl members. Our area has offered camp or program activities such as Rainbow Revelry, Spark Spree, Pathfinder and Ranger Discovery Camp, Brownie Wowza, Camp Skills, Guider Mother and Daughter Camp, Camp S'More and Intro to Adventure Camp, as well as some terrific activities—indoor rock climbing, snowshoeing and winter camping, archery, tree planting, Fort Rodd Hill (otentik sleepovers), lawn bowling, field trips to such interesting places as a salt harvestry and a solar power facility. Units have participated in GUEST at UVIC and at Nanaimo, Rally

in the Valley, shoreline cleanups, Ranger Revolution, Pathfinder Summit, Mix it Up and Hands Across the Border.

One of our biggest continuing challenges is Guiders needing to wear multiple hats in order to keep units and districts running. We regularly have difficulty finding Guiders to fill district commissioner positions and other vital roles. We have implemented new financial trainings and procedures to help Guiders understand the financial rules and the reasons for them. We are responsible for three camps and two non-camp properties, all of which require ongoing maintenance and upgrades as well as usage increases to keep functioning and remain self-sustaining. Our biggest property challenge in recent years was the loss of the bridge at Camp Jubilee in Shirley, which was the only access to the main camping portion of the property. A year without camp and a lot of work by many, many people, and Camp Jubilee reopened in October 2016.

# Get to Know Your Province!

## Thompson Nicola Area



<b>Commissioner:</b>	Nominations are currently open.
<b>Website:</b>	<a href="http://www.thompsonnicolagirlguides.com">www.thompsonnicolagirlguides.com</a>

What communities or geographical features form the borders of your area?

<b>North:</b> Valemount	<b>East:</b> Sorrento
<b>South:</b> Merritt	<b>West:</b> Lillooet

**Districts in the area:** Cariboo Thompson, Fraser Nicola, Fraser West, Monarch, Mount Paul, South Thompson

**Membership (2016–2017 Guiding year)**

<b>Sparks:</b>	93	<b>Rangers in non-Ranger units</b>	1
<b>Brownies:</b>	128	<b>Transitioning Members:</b>	1
<b>Guides:</b>	144	<b>Trex:</b>	6
<b>Pathfinders:</b>	44	<b>Guiders:</b>	144
<b>Rangers:</b>	17	<b>TOTAL:</b>	578

What is your Area Challenge?

No current challenge.

What are some of your area's successes and challenges?

2016 was a very successful year for the growth of Guiding in our area, particularly in the Cariboo Thompson District, which saw the return of Guiding to 100 Mile House and Valemount, and where our numbers went from 400 to over 500 girls!!



# Get to Know Your Province!

## West Coast Area



<b>Co-Commissioners:</b>	Hilary Feldman and Elaine Lake
<b>Website:</b>	<a href="http://www.westcoastarea.com">www.westcoastarea.com</a>

What communities or geographical features form the borders of your area?

<b>North:</b> Vancouver and Burnaby	<b>East:</b> New Westminster
<b>South:</b> Ladner and Tsawwassen	<b>West:</b> Vancouver and Richmond

**Districts in the area:** Burnaby Glens, Burnaby Lakes, Burnaby North, Burnaby Mountain, Burnaby North, Kitsilano-Fairview, Ladner-Tsawwassen, Mackenzie Heights, New Westminster, Ocean Vista, Renfrew, River's Edge, Southridge, West Point Grey

**Membership (2016–2017 Guiding year)**

<b>Sparks:</b>	446	<b>Rangers in non-Ranger units:</b>	29
<b>Brownies:</b>	715	<b>Transitioning Members:</b>	20
<b>Guides:</b>	942	<b>Trex:</b>	10
<b>Pathfinders:</b>	324	<b>Guiders:</b>	631
<b>Rangers:</b>	163	<b>TOTAL:</b>	3,280

What is your Area Challenge?

No current challenge. We just finished a very successful Connect with West Coast Area Challenge—aligned with the WAGGGS 2016 theme of “connect”—involving a postcard exchange with participants from around the area and across Canada.

What are some of your area’s successes and challenges?

West Coast Area is very diverse, encompassing six cities and thousands of girls and women. While our urban setting provides a growing membership base, our current challenges are recruiting new Guiders to match the numbers of potential girl members, as well as securing meeting spaces. We work to keep up the public profile of Guiding to build community support and attract new leaders.

We are lucky to have access to many resources, so girls can benefit from engaging program at the unit, district and area levels. Our training committee is very active, offering a wide range of opportunities to new and experienced Guiders. We are looking forward to area events like weeklong summer camps *More Seaside Fun* and *Holidaze*, *Let’s Camp S’More* and *Iron Chef* in the fall, and *Explore Engineering* at UBC and more.



# What's the Next Challenge for Transitioning Members

*Katrina Berry, Burnaby Mountain District, West Coast Area*

**A** Transitioning Member (TMBR) is defined as a member who has finished the Ranger program but has not yet reached the age of majority. In BC, the Territories and Atlantic Canada, the age of majority is 19. In other parts of Canada, it is 18. Until these Guiding members reach the age of majority, they cannot be considered full adult members. In addition, once they have finished the Ranger program, there is no longer a program in place for them, since girl programming ends with Rangers.

Transitioning Members have a lot to offer Guiding, since they usually come with years of current Guiding experience, enthusiasm and a love of Guiding. Some of them may want to be involved with units, but some may not. It is important to let TMBRs know that they are valued and supported while they find their ways to continue Guiding.

The Here's What's Next Challenge is a BC Membership Challenge designed to help keep Transitioning Members involved in Girl Guides by giving them a taste of what adult Guider positions have to offer. The goals of this project are to give these girls something to do and to keep them involved in the organization.

As someone who has a birthday in August, I was particularly intrigued by

this project as I was heading into a full Guiding year as a Transitioning Member. While I had already been working as a Junior Leader for a few years, I still found there was some uncertainty surrounding what it really meant to be a Transitioning Member. It really was a privilege to be able to help develop this challenge and to give input, along with people from all around the province, to clear up some of the fog around this transition stage and to give these capable young women something to work towards.

The challenge consists of three parts that give participants a snapshot of the different aspects of being an adult member. In order to complete the challenge, participants are asked to spend time working with a unit of younger girls and serving on some sort of committee as well as completing trainings. It's designed to give them an opportunity to try working with a unit, but also to see what other options might be open to them as a Guider when they turn 19, since not every adult member wants to be a unit Guider.

I was able to work my way through the challenge this year as a part of its beta-testing period, and I am really pleased with how it turned out. It really is aimed towards people who are 18 and are just starting post-secondary education. When we were

developing it, we were careful to make sure it wasn't too much of a time commitment. We also wanted to make sure we didn't scare people off with the different requirements of the challenge, so we kept it easy to complete. If people do have questions about the challenge, however, a Facebook group has

been set up to support those participating.

As someone who has volunteered with a unit for a while now, I found the training side to be really helpful because I was able to get Safe Guide training. This means that I can become a full leader next year without having to worry about taking Safe Guide. Another really helpful thing about this project is that the requirements aren't so restrictive that it makes the challenge impossible. There are tons of different options for completing each part of the challenge, so it really is doable for everyone.

As a Transitioning Member, I felt I had a lot to offer, and I'm not the only one. Many of the girls who are becoming Transitioning Members have been in Guiding for a while and can be a very valuable resource if given the opportunity. That's why I believe this project is so important and why I'm excited to see other members complete it.

*Katrina Berry was part of the planning committee for the TMBR Challenge. She is the first TMBR to complete the challenge, earning a pin and certificate. The BC Membership team would like to thank Katrina for her dedication and work in bringing this project to fruition.*

More information can be found on the BC website under Program Challenges: [www.bcgirlguides.org](http://www.bcgirlguides.org) > *Volunteers* > *Guider Resources* > *BC Provincial Committees* > *Membership* > *Membership Building Resources*.

The challenge is open to all registered Transitioning Members. TMBRs must register with a paper registration form, available from Ranger Guiders and district commissioners or by calling the provincial office at 1-800-565-8111. All TMBRs registering in BC have their membership fees paid by the area council where they are registered.





# Welcome Back to **Rangers!**

*Carissa Konesky, BC Program Committee Youth Program Specialist*

**W**elcome back to another year of Rangers! For some of you, this may be your first year of Rangers after coming up from Pathfinders. Others may be entering their second or third year, while even others may be joining Guiding for the first time. Because your unit may have a mix of old and new faces, below are some ideas that will help you get to know everybody and set the tone for an awesome year of Guiding (and even complete some program challenges in the process)!

### **Plan a Meeting Early in the Year**

Because you may not know everybody in your Ranger unit this year, it's good to have a planning meeting very early in the school year, before everybody gets busy with school and their other commitments. Some girls may be interested in camping and the outdoors, while others may want to focus more on completing challenges in the Ranger book to complete the Chief Commissioner's award. Holding a meeting early on will allow everybody to get to know what these interests are and what they can focus on while planning the year.

### **Go Camping!**

One of the best ways to get to know everybody in your unit is to spend an entire weekend with them! It could be adventure camping or just a weekend at a residential camp. Your unit could even find a way to incorporate challenges into the camp, to get a head start on earning your Chief Commissioner's award. For example, you could complete the Shopping and Environment Challenge in the Environment and Outdoors section of the program by having an environment-friendly themed camp. You could buy foods that create the least amount of waste possible, or stick to a 100-mile diet for the weekend (only buying foods that were grown within 100 miles of your home). The possibilities for planning your camp really are endless!

### **Complete a Service Project**

Another awesome way to get to know everybody in your unit is to work on a service project. You could use this to

complete a Community Connections Challenge. Contact an organization in your area and find out how you could best help their organization. Examples include organizing your own food drive for a food bank or a clothing drive for a shelter or participating in a shoreline clean up. If you know of any other Pathfinder or Ranger units in your area, this could be a great way to reach out and get to know even more Guiding members.

### **Organize a Bridging Activity**

Some of the Rangers in your unit may also be volunteering as Junior Leaders with a younger branch. You can use these contacts to organize a bridging activity. If you don't have any Junior Leaders in your unit, you can use this as an opportunity to reach out to other units in your district. Holding a bridging activity could be a great way to complete a challenge in the Leadership and Management section of the program. Ideas could include teaching the girls a new skill, holding a costume party or including them in a service project you're planning. More ideas can be found in your Ranger program book!

Feel free to contact us at [bc.rangerprogram@gmail.com](mailto:bc.rangerprogram@gmail.com) if you'd like some more ideas! You can also check *Ranger Ramble* for more ideas on completing the program.

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## **Are You Receiving *Ranger Ramble*?**

**Did you know that *Ranger Ramble* is a newsletter just for Rangers? It is sent out five times a year and contains program ideas and information about what other Ranger units in BC are up to! It is sent to the email address that you have listed in iMIS. If you haven't been receiving it, please ask your Guider to check that your email address in iMIS is correct! If you have any questions, please feel free to email us at [bc.rangerprogram@gmail.com](mailto:bc.rangerprogram@gmail.com).**



# NEW Camp to Go for Sparks and Brownies

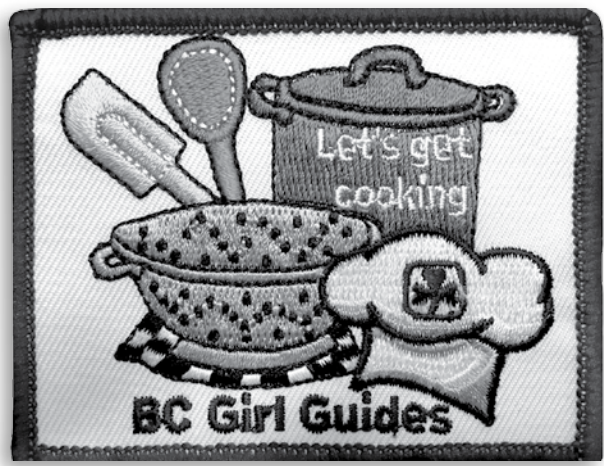
## Let's Get Cooking *BC Camp Committee*

**W**elcome to Let's Get Cooking, an exciting event for Sparks and Brownies. We hope the girls and adults will be active, have lots of fun moving about and enjoy learning the basic skills and fun of camping.

Find the Let's Get Cooking Camp to Go on the BC Girl Guide website ([www.bcgirlguides.org](http://www.bcgirlguides.org); select *Camping > Camps to Go*).

In this camp package, you will find the program outline for a one-night event with a wide variety of activities, games and crafts to choose from. There are menu and recipe suggestions, a campfire, Guides' Own and a kit list. Build your camp to suit the season, your accommodation (building or campsite), the number of girls and the available time. Pick those activities that work best for you and your girls and remember to be flexible. Adapt this package to have fun while learning to camp!

Try this craft from the new Let's Get Cooking for Sparks and Brownies:



*Photo: Melanie Chickite*

### Amazing Herb Pots

**Materials**

- herb plants or seeds
- planting soil
- terracotta pots
- googly eyes
- glue gun
- tongue depressors
- felt pens
- tempera paint (optional)

**Method**

1. Write the name of the herb and the girl's name on the tongue depressor. Set aside.
2. Glue googly eyes on the top rim of the pot and add face as desired.
3. Fill the pot with potting soil and seeds or the herb plant.
4. Water the plant and add the tongue depressor label.

**NOTE:** If you are going to paint the pots, do so before watering the plant!



# AROUND BC




Alcan District Brownies and Sparks, Rivers North Area, enjoyed their Snowflake Ball, which was planned for them by an Alcan District Guide unit! *Photo: Jodie Richter*

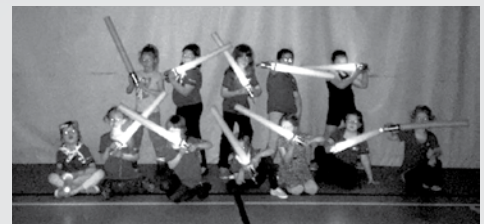


The **1st Shawnigan Lake Guides, Pacific Shores Area**, completed the winter AND spring camping challenges in ONE weekend. They started with a showshoe hike and sledding on Mt. Washington; the next day, they bussed to a Scout camp at the base of the mountain, where they made fire starters and practised campfire building. *Photo: Caitlin Morris*

**Pathfinders from Tetrahedron District, Lions Area**, enjoyed a high ropes course on Keats Island in June. *Photos: Annalisa Adam*




The **1st Peninsula Guides, Fraser Skies Area**, experienced a variety of challenges this year, from cycling and climbing to quilt making for the Canada 150 Challenge. *Photo: Lisa Wechselberger*



Presenting the 4th Ottergrove Jedi! The 4th Ottergrove Brownies, Fraser Skies Area, celebrated "May the Fourth Be with You," with a Jedi training night. *Photo: Michelle Nicholls*



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The 32nd Grouse Guides, Lions Area, visited the Beatty Biodiversity Museum in April and paired up with the 17th Grouse Brownies to sell cookies.  
*Photo: Hilary Henley*



The **1st Panther Pathfinders, Lions Area**, enjoyed riding the carousel at the Burnaby Village Museum in May. *Photo: Annalisa Adam*

Girls from Kimberley, Nelson and Golden (**Kootenay Area**) received their Canada Cord/ Chief Commissioner's Gold awards at a ceremony in Kimberley on June 3. The ceremony was attended by Deputy PC, Colleen Kellner, Area Commissioner, Shelley Balfour, Bugaboo District Commissioner Beate Sutter, the mayor of Kimberley and the local MLA. The day's celebration included river rafting! *Photo: Beate Sutte*



The 1st Langley Guides and 2nd Langley Brownies, Fraser Skies Area, exchanged cookies with members of Troop 56291, from Forest Lake, Minnesota.  
*Photo: Pat Miles*



Sophia, a Brownie in Mackenzie Heights District, West Coast Area, received a special crest from Golden Owl at her advancement ceremony. She completed all 64 interest badges!  
*Photo: Yuko Takemoto*



The 1st Westbank Sparks, Monashee Area, wrapped up the year with a visit to Camp Arbuckle, a Girl Guide camp on Lake Okanagan, where they canoed, made crafts, roasted hot dogs, made s'mores and participated in a fun cowboy advancement ceremony.



*Photo: Claire Sokolowski*



*Photo: Kristin LaPrise*



Ottergrove District, Fraser Skies Area, marched in the 98th Branders Community May Day parade, proudly holding the tapestry banner they had made.

*Photo: Marlene Graham*



A **Salmon Arm Pathfinder, Monashee Area**, working on the Lady Baden-Powell award organized a weekend camp in May for the South Shuswap Guides, Monashee Area. The Guides enjoyed a hike from Camp Tillicum, just outside Vernon, along the BX Creek Trail. *Photo: Marianna Gagliano*



The 4th Ottergrove Brownies, Fraser Skies Area, helped by a Ranger and a Pathfinder, participated in a shoreline clean up for Earth Day. By collecting, among other things, a leaking can of paint and more than 800 cigarette butts, they helped to protect the local fish-bearing stream from pollutants. *Photo: Deb Shaw*



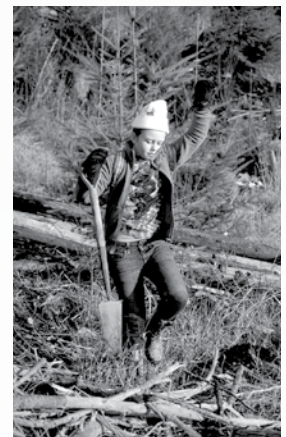
BC Girl Guides sent a case of cookies to the HMS St. John, which was doing manoeuvres in the Mediterranean Sea. One of the ship's members is a parent of a **Riverside Brownie, Waters Edge District, Pacific Shores Area**.

*Photo: Ogle Henry*

Ladner and Tsawwassen Districts, West Coast Area, held a Science by the Sea district camp at Camp Olave, on the Sunshine Coast, in February. The girls learned about cats that end up in shelters and how they are cared for until they are adopted. As a service project, the girls made cat toys out of baby socks, which they stuffed with polyester and catnip and sewed shut, and cat blankets, two squares of fleece knotted together along the edges, which they donated. The Langley cat shelter and the Delta Community Animal Shelter were very grateful.



*Muriel Wells and two cats with the cat blankets that Ladner and Tsawwassen Districts, West Coast Area, made for the shelter.*  
*Photo: Delta Community Animal Shelter*



The **Roberts Creek Pathfinders** and senior 2nd Gibsons Guides, Lions Area, planted tree saplings, which had been gifted at the District World Thinking Day celebration, in a local region that had been industrially logged. *Photo: Denise Holliday*



Girl Guides  
of Canada  
Guides  
du Canada

**British Columbia Council**



Return undeliverable Canadian addresses to:

Girl Guides of Canada - BC Council  
1476 West 8th Avenue, Vancouver, BC V6H 1E1  
Tel: (604) 714-6636 • Fax: (604) 714-6645



# Thank you,

Smithers and the Bulkley Valley, for hosting  
**SOAR 2017!**

*Photo: Pat Mahon*